Open Doors<sup>TM</sup>

# HypnoMeditation Journal

Quartz

Inner Guidance Is Gained Through Direct Experience Of The Higher Self

| Day 1 |
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| Day 2 |
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| Day 3 |
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| Day 4 |
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| Day 5 |
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Clarity, Wisdom And Light Are Natural Expressions Of Your Being

| Day 6  |  |                  |    |
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| Day 7  |  |                  |    |
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| Day 9  |  |                  |    |
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| Day 10 |  |                  |    |
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Surrendering To The Wisdom Of Self Comes Through A Willingness To Let Go

| Day 11 |      |  |  |
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| Day 13 |      |  |  |
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| Day 14 |      |  |  |
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| Day 15 |      | 1/6  |  |
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Following The Impulse Of That Which Guides You Is A Necessary First Step

| Day 17   |     |
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### Intent Followed By Action Leads To Creation

| Day 21 |          |      |      |     |    |
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| Day 22 |          |      |      |     |    |
|        | 14       |      |      | 100 |    |
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|        | 11       |      |      | 130 |    |
| Day 23 |          |      |      | -W) |    |
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| Day 24 | 1        |      |      |     |    |
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|        |          | 7    |      |     |    |
| Day 25 |          |      |      |     | 11 |
|        |          |      | <br> |     |    |

Change In Your Life Only Happens When You Act Upon That Which Is Changing In You Day 26 Day 27 Day 28 Day 29 **Day 30**